

# bfresh market

214 harvard ave allston  
244 elm st somerville



**99¢/lb**  
butternut OR  
acorn squash

*savings?*  
...we got you!

prices valid 10/19/18-10/25/18 ONLY

## freshify your life



crunchy  
Hot House  
peppers OR  
cucumbers

**10/\$10**



store brand red  
OR yellow potatoes  
5 lb. bag OR yellow  
onions 3 lb. bag

**2/\$3** limit 2



**2/\$5** sweet & delicious  
jumbo cantaloupe



store brand  
Romaine hearts  
3 ct. pkg. OR  
Campari Tomatoes  
1 lb. pkg.

**BOGO**  
buy one get one free



**\$1.69/lb** extra fancy, crisp  
and juicy Gala  
OR Fuji apples

## real savings



**\$1.99/lb**  
store brand center cut,  
bone-in pork chops  
any size pkg.



Nature's  
Promise  
frozen sea  
scallops  
10-20 ct.  
16 oz. bag

**\$12.99/ea**



Thomas'  
English  
muffins  
selected varieties  
6 ct. 12-13 oz.

**BOGO**  
buy one get one free



Ben & Jerry's  
ice cream  
selected varieties  
16 fl. oz. cont.  
excludes non-dairy

**3/\$10**

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Allston  
hours 7am-10pm daily

Somerville  
hours 7am-11pm daily





**extra savings!**

**Even more deals!!!  
all month long!**  
prices valid 9/28/18-11/1/18

**introducing new items**

available 9/28/18 - 11/1/18



**\$7.99/ea**

**chicken Souvlaki pita sandwich**  
grilled Greek Souvlaki chicken, onion, cucumber, tomatoes mix, chopped Romaine lettuce with Kongos Tzatziki on a Kontos pre-grilled panini bread



**\$8.99/ea**

**chicken fajita salad**  
Romaine lettuce, fajita grilled chicken, grilled peppers and onions, cheddar cheese, guacamole and a salsa ranch dressing

*Little Kitchen* Fresh sandwiches, wraps & salads... now part of our everyday line-up

- we use the freshest quality produce & protein
- our sandwiches & salads are handcrafted to perfection
- we use local artisan breads from Iggy's for all sandwiches

store brand cider  
128 fl. oz. jug



**\$4.49/ea**



**\$4.99/ea** 8 inch apple OR pumpkin pie  
22-24 oz. pkg.



**\$9.99/lb** sliced to order Boar's Head 42% lower sodium deluxe ham

Nabisco Wheat Thins OR small snack crackers 3.5-9.1 oz. box OR Toasted or Ritz Chips 7.1-8.1 oz. pkg. selected varieties



**2/\$6**



**\$7.99/lb** farm raised, extra jumbo, raw 16-20 ct. EZ peel shrimp thawed



**2/\$7** Nature's Promise chicken sausage 12 oz. pkg. selected varieties

Pacific broth selected varieties 32 oz. carton



**2/\$6**

Blue Diamond almond milk selected varieties 32 fl. oz.



**2/\$4**

**we promise to make healthy, affordable!**



**2/\$5**

store brand Acadia spring water 24 pk. 12/ 16.9 fl. oz. btl. Plus deposit where applicable



**2/\$6**

Snack Factory pretzel crisps selected varieties 6.2-7oz. pkg.



**2/\$6**

store brand Hummus selected varieties 10 oz. pkg.



**10/\$10** Clif Luna bar selected varieties 1.59-1.69 oz. bar



**2/\$5**

Nature's Promise cereal selected varieties 10-15 oz. box



**4/\$5**

Bumble Bee solid white tuna selected varieties 5 oz. can



**2/\$7**

Late July organic tortilla chips selected varieties 8-11 oz. bag



**2/\$4**

Nature's Promise Kombucha selected varieties 16 fl. oz. btl.



**SALE**  
**\$1 off** hot soup any size tuesday only



**SALE**  
**\$4.99** sushi\* wednesday only \*select sushi



**SALE**  
**\$1 off** per lb. hot buffet thursday only



**SALE**  
**2/\$10** rotisserie chicken friday only

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